



MUSIC THAT EXERCISES THE MIND AND BODY

# PLANT A SEED LYRICS

Plant a seed and watch it grow slow

Plant a seed in the earth and watch it grow slow

It needs love to grow

And so much more you know

It needs sun, water and soil so it can grow slow

It needs sun, water and soil so it can grow slow

It needs love to grow

And so much more you know

Watch it grow, watch it grow, so slow